

# **Parks and Recreation Report September 2019**

## **Aquatics**

- Offering all aquatic fitness classes. This includes water aerobics, deep water aerobics, Silver Splash, Swim Babies lessons, preschool lessons, private and semi-private swim lessons and group swim school lessons.
- Held tryouts for the new BASS swim and dive season.
- Started new Racer swim season.
- Held an Aquatic Facility Operator class, certifying 9 new AFO's (7 are Bryant employees.)

## **Programming**

- Finished up Summer Programming which included Youth and Adult Disc Golf, as well as, Adult Basketball.
- Started Couch to 5k program running to the Fall Fest 5k, currently have 62 participants registered.
- Hosted Little Rock Therapeutic Recreational Group for Disc Golf
- Currently offering nearly 60 fitness classes a week in the Center, all free with a membership.

## **The Center**

- Taste of Bryant August 6<sup>th</sup>
- Breakthrough Basketball Clinic August 7<sup>th</sup>-9<sup>th</sup>
- Slammin Basketball Tournament August 3
- Multiply events, birthday parties, and meetings